

Bridging the Gap

Health Information For You and Your Family

Hospitals



Health Insurance

Primary Care



Women's Services



Clinics



HEALTH SCIENCES LIBRARY
Reaching Others With Health Information

➤ **Table of Contents**

Health Insurance	1
Child Health Plus	1
Family Health Plus.....	2
Medicaid.....	2
Healthy NY	3
NY Bridge Plan.....	3
COBRA.....	4
Primary Care	5
Preconception Care	6
Prenatal Care	6
Primary Care, Clinics and Health Center Locations	8
Emergency and Urgent Care	19
Hospital Locations	20
Catholic Health	20
Erie County Medical Center (ECMC)	20
Kaleida Health	21
New York State Health Care Proxy	22
Community-Based Health-Related Programs	22
Online Health Information (National and Local)	27
Computer - Library Locations	32
Buffalo and Erie County Public Library (B&ECPL).....	32
University at Buffalo Health Sciences Library	33
Catholic Health	34
Kaleida Health	34
Roswell Park Cancer Institute	35
HIPAA - Health Information Privacy	35
Electronic Health Records	36
Health Information Lines from the National Institutes of Health	37

Health Insurance Update

Please note that on October 1, 2013 how you apply for health insurance will change.

If you do not qualify for any other type of insurance, you can “shop” for insurance from the **New York State of Health: The Official Health Plan Marketplace.**

New York State of Health: What Does it Mean for You?

The New York Health State of Health is where New Yorkers:

- can use the organized marketplace to shop for insurance that fits your budget
- compare different insurance plans to find out which one best fits your needs
- enroll in health insurance coverage

You will have a choice of health plans; help finding the plan that best meets your needs and for eligible persons, financial assistance to help pay for coverage.

What does health insurance offered on the Marketplace cover?

It depends on what kind of plan you choose. Each plan in the Marketplace will clearly list what is covered and how much it will cost. Health insurance offered on the Marketplace will include a comprehensive set of benefits.

Where can I get more information?

- To learn where you can find help and to sign up for updates, visit <http://www.healthbenefitexchange.ny.gov> or email exchange@health.state.ny.us
- Call Kaleida Health at (716) 859-8979 or Healthy Community Alliance, Inc. at (716) 532-1010
- Patient Navigators will be available in the community to assist you
- Call center operators also will be available, in multiple languages, who can enroll you in the Exchange

The Marketplace will begin enrollment on October 1, 2013 for health insurance coverage that starts on January 1, 2014.



➤ **Health Insurance**

People who do not have health insurance may be able to get state-sponsored health insurance for free to moderate-cost.

- If you want to apply for health insurance you will need to fill out an application and show proof of:
 - Age
 - Identity
 - Home Address
 - Citizenship or immigration status
 - Income
- If you need help with your application call a facilitated enroller. Facilitated enrollers are counselors who are available in your neighborhood to help you apply and answer your questions, even during the evening and on weekends.
- Call **(716) 859-9879** (Kaleida Health) or **1-800-698-4543** (New York State Department of Health) to find a facilitated enroller near you or for more information. Facilitated enrollers can also be contacted online at Enroll New York where you can submit an application for insurance at **<https://enrollny.org>**.

➤ **Facilitated enrollers can provide information on the following state-sponsored programs:**

Child Health Plus

- Child Health Plus is the New York State health insurance plan for children under the age of 19 and who live in New York State.
- Additional information about Child Health Plus is available on the website:
 - **<http://www.health.state.ny.us/nysdoh/chplus/index.htm>**

Telephone Help

- **1-800-698-4543** (1-800-698-4KIDS)
- Hotline hours of operation are 8:00 a.m. through 8:00 p.m., Monday through Friday and Saturday 9:00 a.m. through 1:00 p.m.
- If you are **hearing impaired** call the TTY number: **1-877-898-5849**
- Applications, renewal and assistance in filling them out:
 - **1-855-693-6765** (1-855-NY-ENROLL)

Family Health Plus

- Family Health Plus is a public health insurance program for adults who are aged 19 to 64 who have income too high to get Medicaid. Additional information about Family Health Plus is available on the website:
 - **<http://www.health.state.ny.us/nysdoh/fhplus/index.htm>**
- Telephone Help
 - **1-877-934-7587** (1-877-9FHPLUS)
 - Hotline hours of operation are 8:00 a.m. through 8:00 p.m., Monday through Friday and Saturday 9:00 a.m. through 1:00 p.m.
- Applications, renewal and assistance in filling them out:
 - **1-855-693-6765** (1-855-NY-ENROLL)

Medicaid

- Medicaid is a New York State program for people who cannot afford to pay for medical care. Additional information about Medicaid is available on the website:
 - **http://www.health.state.ny.us/health_care/medicaid**
- Telephone Help
 - Erie County Department of Social Services: **(716) 858-8000** or **(716) 858-6244**
 - New York State Medicaid Helpline: **1-800-541-2831**
Hotline hours of operation are 8:00 a.m. through 8:00 p.m., Monday through Friday and Saturday 9:00 a.m. through 1:00 p.m.
 - Medicaid Newborn Helpline: **1-877-463-7680**
 - For long term care options contact the Erie County Medicaid Long Term Care Division at **(716) 858-1903** and Wellcare of New York at **(716) 846-7900**.
- Applications, renewal and assistance in filling them out:
 - **1-855-693-6765** (1-855-NY-ENROLL)

➤ **Child Health Plus, Family Health Plus and Medicaid are available through managed health plans.**

- You must select a participating health plan when you apply for health insurance. Every effort will be made to help you pick a plan that includes your current physician. When you choose a health plan, you will have a regular doctor, get regular check-ups and see specialists if needed. Some plans also offer dental care.
- For information on how to enroll and what plans are available, please contact the Erie County Department of Social Services Managed Care office at **(716) 858-8666**.
- Community facilitated enrollers at **(716) 859-9879** (Kaleida Health) can also help you pick a health care plan or you can call health care plans for information at:
 - Fidelis/NYS Catholic Health Plan..... **1-888-343-3547**
 - HealthNow/BCBS-WNY/Community Care..... **1-800-888-5407**
 - Independent Health/Medisource..... **1-800-453-1910**
 - Univera Community Health/Plus Med **1-800-427-8490**
 - Wellcare of New York/Healthy Choice..... **1-800-288-5441**

➤ **Other state-sponsored health insurance programs:**

Healthy NY

- The Healthy NY program assists small business owners with providing their employees and employees' families with health insurance coverage. In addition, uninsured sole proprietors and workers without employer provided health insurance may also purchase comprehensive coverage directly through the Healthy NY program.

Additional information about Healthy NY is available on the website:

 - **www.HealthyNY.com**
- Telephone Help
 - **1-866-432-5849** (1-800-HEALTHY)
Hotline hours of operation are 8:00 a.m. through 5:00 p.m., Monday through Friday
 - If you are **speech or hearing impaired**, please use the TDD/TTY relay in your area to access the toll-free number: **1-866-432-5849**

NY Bridge Plan

- NY Bridge Plan is a state health insurance plan for people with pre-existing medical conditions who have not had insurance for six months and who are legal US residents.
- This program may end January 2014 (program ended 3/2/2013 for current NYS residents). Currently enrolled individuals will have coverage until the end of 2013. A new program will be available in October 2013.

- Additional information about NY Bridge Plan is available on the website:
 - <http://www.ghi.com/nybridgeplan/index.html>
- Telephone Help
 - **1-866-693-9277** (1-866-NY-EZ-APP); TDD 1-877-448-4975
 - Eligibility specialists are available to answer your questions and to offer enrollment assistance from 8:30 am to 5:30 p.m., Monday through Friday

➤ **Additional Information**

COBRA (Consolidated Omnibus Budget Reconciliation Act of 1985)

- Gives workers and their families who lose their health benefits the right to choose to continue group health benefits provided by their group health plan for limited periods of time under certain circumstances such as voluntary or involuntary job loss, reduction in the hours worked, transition between jobs, death, divorce, and other life events.
- Additional information about COBRA is available on the website:
 - <http://www.dol.gov/dol/topic/health-plans/cobra.htm>

HealthCare.gov

- <http://www.healthcare.gov>
 - Official government site providing information on insurance options and healthcare law including information on how to stay healthy.



➤ **Primary Care**

Primary care can be defined in several ways, but generally refers to the first level of care provided by the main physician (doctor) responsible for your medical treatment in collaboration with other health professionals.

Primary care includes:

- Preventative care
- Health promotion
- Teaching healthy lifestyle choices
- Identifying and treating common medical conditions
- Health maintenance
- Diagnosis and treatment of acute and chronic illnesses
- Making referrals to medical specialists when necessary

Primary care providers can include:

- Family practitioners
- Pediatricians
- Internists
- Obstetricians/Gynecologists
- Nurse Practitioners
- Physician Assistants

A primary care provider (PCP) is your main health care provider in non-emergency situations. Primary care is usually provided in an outpatient or clinic setting. However, if you are admitted to the hospital, your PCP may assist in or direct your care depending on the circumstances. Having a primary care provider can give you a trusting, ongoing relationship with one medical professional over time.

➤ **Additional information about primary care is available on the following websites:**

MedlinePlus - Choosing a Primary Care Provider

- <http://www.nlm.nih.gov/medlineplus/ency/article/001939.htm>

American Academy of Family Physicians - Primary Care Definitions

- <http://www.aafp.org/online/en/home/policy/policies/p/primarycare.html>

➤ **Preconception Care**

If you are thinking about have a baby or trying to become pregnant, you should consider speaking with your health care provider about preconception care.

- Preconception care takes place before you become pregnant and can include identifying and taking care of problems that may affect you and your baby later, such as diabetes or high blood pressure, and taking steps to reduce the risk of birth defects and other problems.
- Your health care provider may have suggestions regarding your lifestyle, nutrition, fitness, medical history, environment and other concerns that will help you have a healthy pregnancy. Once pregnant, you will receive prenatal care until your baby is born.

➤ **Additional information about preconception care can be found at the following websites:**

New York State Preconception Care

- http://www.health.ny.gov/community/pregnancy/health_care/prenatal

MedlinePlus - Preconception Care

- <http://www.nlm.nih.gov/medlineplus/preconceptioncare.html>



➤ **Prenatal Care**

While you are pregnant, you need to receive prenatal care to keep you and your baby healthy.

- Prenatal care can include recommendations regarding nutrition and physical activity, education about the birth process and basic skills for infant care.
- It is important to get prenatal care early in your pregnancy and regularly throughout your pregnancy. If you are over 35 years old or have a high-risk pregnancy due to a

specific health condition such as diabetes or high blood pressure, you may need to see your health care provider more often.

- Regular care allows doctors to identify and treat problems early, increases the chances of having a healthy baby and reduces the risk of complications.

➤ **Additional information about prenatal care can be found at the following websites:**

Buffalo Prenatal-Perinatal Network

- <http://www.buffaloprenatal.org/links.php>
 - (716) 884-6711

MedlinePlus - Prenatal Care

- <http://www.nlm.nih.gov/medlineplus/prenatalcare.html>

National Women's Health Information Center - Prenatal Care

- <http://womenshealth.gov/faq/prenatal-care.cfm>

Prenatal Care in New York State

- http://www.nyhealth.gov/community/pregnancy/health_care/prenatal/
- http://www.health.ny.gov/community/pregnancy/health_care/prenatal/helpful_links.htm
 - Includes information for patients and providers.
 - Visit this site to find information on prenatal care including programs and services.
- To get more information about prenatal care services, please call the **New York State Growing Up Healthy Hotline:**
 - **1-800-522-5006** (available 24 hours every day)





➤ **Primary Care, Clinics and Health Center Locations**

The clinics listed below offer a range of health care services in the Buffalo area, including Pediatric and Adult Primary Care, Family Planning, Prenatal Care, Obstetrics, Gynecology, Dental, and many other health services.

- Please call individual clinics for current information regarding services, insurance plans accepted and hours. Some clinics do not list the full range of insurance plans that they accept, so it is always a good idea to call and check when scheduling an appointment. If you do not have insurance, some clinics provide a sliding fee scale (payment based on income) or free health care services.

➤ **Buffalo Clinic Locations**

- *The following three health centers will try to provide healthcare for you and your family, even if you have no insurance. At these three clinics, you may be eligible for reduced rates based on your family's size and income if you do not have insurance.**

Community Health Center of Buffalo*

- 34 Benwood Avenue, Buffalo, NY 14214
(716) 986-9199
<http://www.chcb.net>
 - Walk-ins welcome
 - Most insurance plans accepted: Medicaid, Medicare & sliding fee scale available
 - Medical care for children, adults and seniors
 - Dental services available
 - Family planning services available for women, men and teens, including OB/GYN services.
 - On-site laboratory services
 - On-site pharmacy
 - Social work programming

Neighborhood Health Center* (changed from Northwest Buffalo Health Care Center)

- Northwest Buffalo - 155 Lawn Avenue, Buffalo, NY 14207
(716) 875-2904
- West Side Buffalo - Mattina, 300 Niagara Street, Buffalo, NY 14201
(716) 242-8600
<http://www.neighborhoodhealthcenter.org>
 - By appointment only
 - Most standard medical and dental insurances accepted including Medicaid and Medicare. There is a sliding fee scale structure for uninsured patients.
 - Medical care for children, adults and seniors
 - Dental Services available
 - Family planning services for women and teens, including OB/GYN services
 - Nutritional Services

➤ *The following clinics will accept most insurance and some will provide reduced rate service based on family's size and income.*

Allentown Pediatric & Adolescent Medicine

- 505 Delaware Avenue (near Allen Street), Buffalo, New York 14202
(716) 332-4472
<http://www.allentownpeds.com>
 - Accepts all major insurances
 - Newborn through adolescence care

Buffalo Womenservices

- 2500 Main Street, Buffalo, NY 14214
(716) 835-2510
Toll Free: 1-800-598-3783
<http://www.buffalowomenservices.com>
 - Most major insurances accepted
 - OB/GYN services
 - Abortions, including Fetal Anomaly Abortions
 - Counseling

Cleve-Hill Family Health Center

*Erie County Medical Center Corporation - Primary Care Health Centers-Off-Campus
UBMD - UB Family Medicine*

- Cleve-Hill Medical Park
1461 Kensington Avenue, Buffalo, NY 14215
(716) 831-8612
<http://www.ecmc.edu/medicalservices/ambulatory/familyhealthcenter.asp>

- Accepts most major insurance plans. Patients without insurance visit the ECMC Financial Counseling Department before receiving services.
- Medical care for children, adults and seniors
- Family planning and OB/GYN services
- U.S. Citizenship and Immigration Services (USCIS) physicals
- On-site laboratory services

Family Planning Center

Kaleida Health

- 1313 Main Street, Buffalo, NY 14209
(716) 748-4988
<http://www.kaleidahealth.org>
 - All major insurances accepted
 - Applications for the Family Planning Benefit Program are taken on site for all uninsured. Teens receive FREE care if denied coverage
 - Sliding fee scale is available to all patients without insurance
 - Complete physical examination
 - Breast and pelvic examinations
 - Pap smears & breast exams
 - Pregnancy testing
 - Confidential interviews with counselors
 - Natural family planning counseling
 - Sexual Transmitted Disease treatment for patients and their partners
 - HIV counseling, testing and referral
 - On-site social worker
 - HPV and HEP vaccines available
 - Contraceptive methods

Elmwood Health Center

- 2128 Elmwood Avenue, Buffalo, NY 14207
(716) 874-4500
<http://www.people-inc.org>
 - Most insurance plans and private pay accepted; sliding fee scale available
 - Medical care for children, adults and seniors
 - Gynecology services
 - Rehabilitation services including occupational, speech and physical therapy
 - Counseling and social work
 - Staff receives specialized training in working with people with disabilities
 - Translators are available

Evergreen Health Services

- 206 South Elmwood Avenue, Buffalo, NY 14201
(716) 847-0212
<http://www.evergreenhs.org>
 - Most major insurance plans accepted
 - Primary medical care for adults
 - Staff is trained to address the needs of persons living with chronic illnesses such as HIV/AIDS; also sensitive and aware of the needs of sexual minorities such as gay men, lesbians, bisexuals and transsexuals.
 - Gynecology services
 - Center for Behavior Health including mental health services, substance abuse assistance and wellness
 - Center for Community Services including care coordination, housing and nutrition assistance
 - On-site pharmacy

Good Neighbors Health Care - Harvest House

- 175 Jefferson Avenue, Buffalo, NY 14210
(716) 856-2400
<http://www.harvesthouse.ws>
 - All services are FREE and given on a first-come, first-served basis
 - Call or check the website for clinic days and times
 - Medical care
 - Vision care
 - Chiropractic care
 - Dental care
 - Counseling
 - Health Insurance Clinic
 - Legal Advice

Hertel Elmwood Internal Medicine @ North Buffalo Medical Park

Kaleida Health

- 900 Hertel Avenue, Buffalo, NY 14216
(716) 871-1571
<http://www.kaleidahealth.org>
 - Most major insurance plans accepted including Medicaid; sliding scale available
 - Primary medical care for adults
 - Gynecology services
 - Social work services (including coordination of health insurance enrollment)

Hodge Pediatrics

Kaleida Health

- 125 Hodge Avenue, Buffalo, NY 14222
(716) 878-7488
<http://www.kaleidahealth.org>
 - Most major insurance plans accepted, Medicaid, sliding scale available
 - Pediatric primary medical care

InstaCare

Erie County Medical Center Corporation

Ambulatory (Outpatient) Care On-Campus Primary Care Health Centers

- 462 Grider Street, Suite 15, First Floor, Buffalo, NY 14215
(716) 898-4700
<http://www.ecmc.edu/medicalservices/ambulatory/instacare.asp>
 - Appointments not necessary but are recommended
 - Accepts most major health insurances
 - Children under 18 years of age cannot be seen at InstaCare
 - Adult primary medical care including treatment at the onset of illness (non-emergency)

Jefferson Family Medicine Center

UBMD – UB Family Medicine

- 1315 Jefferson Avenue, Buffalo, NY 14208
(716) 332-3797
<http://www.ubfammed.com/jefferson>
 - Accepts most major health insurances
 - Medical services for children, adults and seniors
 - OB/GYN services
 - Diabetes education

Jericho Road Family Practice – Barton Street

- 184 Barton Street, Buffalo, NY 14213
(716) 881-6191
<http://www.jrfp.org>
 - Accepts most major insurance plans, including Medicaid and Medicare; will arrange payment plans as needed
 - Medical care for refugee and low-income community members in Buffalo

Jericho Road Family Practice – Genesee Street

- 1609 Genesee Street, Buffalo, NY 14211
(716) 892-2775
<http://www.jrfp.org>
 - Accepts most major insurance plans, including Medicaid and Medicare; will arrange payment plans as needed
 - Medical care for refugee and low-income community members in Buffalo

Jesse Nash Health Center

- 608 William Street, Buffalo, NY 14206
(716) 858-7687
<http://www.erie.gov/health>
 - Sexually Transmitted Diseases (STD), Immunizations, TB
 - Refugee care

Lighthouse Free Medical Clinic

University at Buffalo, Group Ministries

- 1323 Jefferson Avenue, Buffalo, New York 14208
(716) 222-0805
http://medicine.buffalo.edu/about/community_outreach/lighthouse.html
 - Open most Wednesdays
 - No appointment needed
 - Help with health insurance application
 - Physicals, vaccinations, health screenings

Lovejoy - St. Vincent Health Center

A Department of Sisters of Charity Hospital

Catholic Health - Primary Care Centers

- 1595 Bailey Avenue, Buffalo, NY 14212
(716) 893-8550
<http://www.chsbuffalo.org/Facilities/PrimaryCare/Lovejoy>
 - Accepts most insurance plans, including Medicaid and Medicare; sliding fee scale is available.
 - Gynecology
 - Internal Medicine
 - Pain and Addiction Management
 - Surgery

M. Steven Piver, M.D. Center for Women's Health & Wellness

Catholic Health - Primary and Women's Care

- Seton Professional Building (on Sisters Hospital Campus)
2121 Main Street, Suite 100, Buffalo, NY 14214
(716) 862-1965
<http://www.chsbuffalo.org/Facilities/Hospitals/SOCH/Piver?size=large>
 - Accepts most insurance plans, including Medicaid and Medicare; sliding fee scale is available
 - Gynecology (including oncology-related care)
 - Radiology
 - Massage Therapy
 - Mental health services
 - Nutrition and Fitness
 - Physical therapy for Pelvic Floor Conditions

Mercy Comprehensive Care Center

A Department of Mercy Hospital of Buffalo

Catholic Health - Primary Care Centers

- 397 Louisiana Street, Buffalo, NY 14204
(716) 847-6610
<http://www.chsbuffalo.org/Facilities/PrimaryCare/MCCC>
 - Accepts most insurance plans, including Medicaid and Medicare; sliding fee scale is available
 - Medical care for children, adults and seniors
 - OB/GYN services
 - Endocrinology services
 - Podiatry Services

Mercy OB/GYN Center

A Department of Mercy Hospital of Buffalo

Catholic Health - Primary Care Centers

- 515 Abbott Road, Suite 302, Buffalo, NY 14220
(716) 828-3520
<http://www.chsbuffalo.org/Facilities/PrimaryCare/MercyOBGYN>
 - Accepts most insurance plans, including Medicaid and Medicare; sliding fee scale is available
 - OB/GYN services

North Buffalo Medical Park

Kaleida Health

- 900 Hertel Avenue, Buffalo, NY 14216
(716) 881-2170
<http://www.kaleidahealth.org>
 - Accepts most major insurances, including Medicaid
 - Medical care for adults and seniors
 - Dermatology (skin care)
 - Social Work Services (including coordination of health insurance enrollment)

Pediatric Dental Center

Kaleida Health

- 515 Abbott Road, Buffalo, NY 14220
(716) 828-3575
<http://www.kaleidahealth.org>
 - Accepts most major insurances
 - Pediatric dental care

Planned Parenthood of Western New York

- Buffalo Medical Center
2697 Main Street, Buffalo, NY 14214
(716) 831-2200
<http://www.plannedparenthood.org/ppwny>
 - Gynecological services
 - Reproductive health services for women, men and teens
 - Abortion services

Primary Health/Internal Medicine Center

Erie County Medical Center Corporation (ECMC)

Ambulatory (Outpatient) Care On-Campus Primary Care Health Centers

- 462 Grider Street, Suite 15, First Floor, Buffalo, NY 14215
(716) 898-3152
<http://www.ecmc.edu/medicalservices/ambulatory/primary.asp>
 - Accepts most major insurances
 - Financial counseling is available
 - Primary care for adults and seniors

Sisters OB/GYN Center

*A Department of Sisters of Charity Hospital
Catholic Health Outpatient Family Health Care Program*

- 2157 Main Street, Buffalo, NY 14214
(716) 862-1984, press 1
<http://www.chsbuffalo.org/WomenCare/Locations/SistersHealthCenter>
 - Accepts most insurance plans, including Medicaid and Medicare; sliding fee scale is available.
 - OB/GYN services

St. Lawrence Pediatrics

- 1520 East Delavan Avenue, Buffalo, NY 14215
(716) 308-6302
<http://stlawrencepediatrics.com>
 - Services for children and adults
 - 24 hour telephone coverage for ill children only
 - Accepts Medicaid and other insurances
 - Sliding fee scale is available or pay what you are able; no one will be refused services

Towne Garden Pediatrics @ Towne Garden Plaza

*Parents and Children Together @ Towne Garden Plaza
Kaleida Health*

- 461 William Street, Buffalo, NY 14204
(716) 852-1578
<http://www.kaleidahealth.org>
 - Accepts most insurance plans including Medicaid and offers a sliding fee scale
 - Pediatric services

UB Dental Clinic

UB School of Dental Medicine

- University at Buffalo, South Campus
101 Squire Hall, Buffalo, NY 14214
General Information: (716) 829-2821
Patient Admissions: (716) 829-2732 (Adults), (716) 829-2723 (Children)
<http://www.sdm.buffalo.edu/patient>
- Other Locations:
<http://dental.buffalo.edu/Departments/PediatricCommunityDentistry.aspx>

- University Pediatric Dentistry, PC
1100 Main Street, Suite 100, Buffalo, NY 14209
(716) 242-8200
- University Pediatric Dentistry, PC
Pediatric Dental Center
515 Abbot Street, Suite 402, Buffalo, NY 14220
(716) 828-3575
 - Dental screenings; all patients screened may not be eligible for dental care
 - A fee may be required for x-rays
 - Student dentists work under the supervision of clinical faculty to provide dental services
 - Social workers available through the CARES Program (Counseling, Advocacy, Referral, Education, and Service) call **(716) 829-2698**

UBMD Gynecology-Obstetrics

- 1319 Jefferson Avenue, Buffalo, NY 14208
(716) 242-8327
<http://ubobgyn.com/>
 - Routine women well care
 - Family planning
 - Infertility evaluation and management
 - Obstetrics
 - Pediatric/adolescent gynecology
 - Menopause management

UBMD Internal Medicine and Pediatrics

- 300 Linwood Avenue, Buffalo, NY 14209
(716) 961-9400
<http://www.ubmd.com>
 - Major insurances accepted
 - Internal Medicine and pediatrics

Urban Family Practice

- 564 Niagara Street, Buffalo, NY 14201
(716) 882-0366
<http://www.urbanfamilypractice.com>
 - Primary care
 - English and Spanish service
 - Most major insurance plans accepted
 - Transportation available to and from clinic within a five mile radius

VIP Primary Care

Erie County Medical Center Corporation (ECMC)

- 462 Grider Street (In Donald K. Miller Building), Buffalo, NY 14215
(716) 898-4899
<http://www.ecmc.edu/medicalservices/primarycare>
 - Adult comprehensive physicals
 - Wellness program
 - Lab services
 - Office on call 24 hours, 7 days a week

William E. Mosher Health Center

Lifetime Health Medical Group

- 899 Main Street, Buffalo, NY 14203
(716) 878-2700
(716) 656-4040 (Urgent Care)
<http://www.lifetimehealth.org/PatientInfo/Locations/BuffLoc/Mosher>
 - Accepts most insurance plans including Medicaid
 - Medical care to children, adults and seniors
 - Behavioral health, dental, /GYN, laboratory, pharmacy and radiology services

Women's & Children's Hospital of Buffalo

Kaleida Health

- Outpatient and Pediatric Specialty Center
140 Hodge Street, Buffalo, NY 14222
(716) 878-7000
<http://www.kaleidahealth.org>
 - Pediatric medical services for infants and children

Women's Health Center

Women's & Children's Hospital of Buffalo - Kaleida Health

- 239 Bryant Street, Buffalo, NY 14222
(716) 878-7737
<http://www.kaleidahealth.org>
 - Most insurance accepted and Sliding Fee Scale
 - OB/GYN services
 - After school teen clinic
 - Walk-in pregnancy test



➤ **Emergency and Urgent Care**

When you are sick or injured you have a number of potential options for places to receive medical care. The best choice will depend on the type of care you need.

- *In an emergency, you should go to a hospital emergency department (room) or call 911 if you think the medical condition is life threatening, regardless of your ability to pay or lack of insurance coverage.*
- *An emergency is when you think you are very sick or badly hurt and need help right away.*
- *You may need urgent care if you have a minor illness or injury (not life threatening) such as a sprain, high fever, or a minor burn and need care within 24 hours.*
- *If you need urgent care, you should call your doctor's office. If you cannot reach your doctor or do not have a doctor you should contact or go to the nearest clinic or urgent care center or community health center.*
- *Your child may have unique medical problems and may display different symptoms than adults. Symptoms that are serious for a child may not be as serious for an adult. Children may also be unable to communicate their condition, which means an adult will have to interpret the behavior.*
- *Always get immediate medical attention if you think your child is having a medical emergency.*

➤ **The above information and additional information about emergency or urgent care, including medical warning signs, is on the following websites:**

The Emergency Room vs. The Urgent Care Clinic

- American Academy of Urgent Care Medicine
 - <http://aaucm.org/Patients/SelectUrgentCareCenter/default.aspx>

When Should I Go to the Emergency Department?

- American College of Emergency Physicians Patient Center
 - <http://www.emergencycareforyou.org/YourHealth/AboutEmergencies/Default.aspx?id=26018>

MedlinePlus - Emergency Medical Services

- <http://www.nlm.nih.gov/medlineplus/emergencymedicalservices.html>

➤ Hospital Locations

Catholic Health

- <http://www.chsbuffalo.org/Facilities/Hospitals>
 - Mercy Hospital of Buffalo
565 Abbott Road, Buffalo, NY 14220
(716) 826-7000
 - Mercy Ambulatory Care Center
3669 Southwestern Boulevard, Orchard Park, NY 14127
(716) 662-0500
 - Sisters of Charity Hospital
2157 Main Street, Buffalo, NY 14214
(716) 862-1000
 - Kenmore Mercy Hospital
2950 Elmwood Avenue, Kenmore, NY 14217
(716) 447-6100
 - Sisters of Charity Hospital, St. Joseph Campus
2605 Harlem Road, Cheektowaga, NY 14225
(716) 891-2400

Erie County Medical Center (ECMC)

- 462 Grider Street, Buffalo, NY 14215
(716) 898-3000
<http://www.ecmc.edu>

Kaleida Health

- **<http://www.kaleidahealth.org/locations/hospitals>**
 - Buffalo General Medical Center
100 High Street, Buffalo, NY 14203
(716) 859-5600
 - DeGraff Memorial Hospital
445 Tremont Street, North Tonawanda, NY 14120
(716) 694-4500
 - Millard Fillmore Suburban Hospital
1540 Maple Road, Williamsville, NY 14221
(716) 568-3600
 - Women & Children's Hospital of Buffalo
219 Bryant Street, Buffalo, NY 14222
(716) 878-7000
<http://www.wchob.org>

➤ **New York State Health Care Proxy**

The New York State Health Care Proxy Law allows:

- Someone you trust who is 18 years or older; for example a family member or close friend, to make health decisions for you when you cannot.
- For you to make sure that health care providers are aware of your wants, feelings and thoughts regarding your health; for example during surgery, illness or doctor appointments.
- You give the proxy (ex. family member or close friend) as much or as little say about your health as you wish. They must follow what you tell them to do.
- You to sign up for a proxy by filling out a form that is available in English, Spanish, Chinese, and Russian.
- The form is available on the New York State Department of Health's website: http://www.health.state.ny.us/professionals/patients/health_care_proxy.
- Your health care provider may also have copies of the form.

➤ **Community-Based Health-Related Programs**

Buffalo Federation of Neighborhood Centers, Inc.

- 97 Lemon Street, Buffalo, NY 14204
(716) 856-0363
<http://www.bfnc.org>
 - Comprehensive Adolescent Pregnancy Prevention
 - Mental Health Support Services
 - Senior Citizen Services

Buffalo Prenatal - Perinatal Network

- 625 Delaware Avenue, Suite 410, Buffalo, NY 14202
(716) 884-6711
<http://www.buffaloprenatal.org>
 - Works to improve pregnancy outcomes
 - Promotes better mother and child/infant healthcare
 - Establish links between existing social support and educational programs in Buffalo and Erie County
 - Ensure that families have access to the full range of preventive and primary health care
 - Online Directory of Health and Human Resources
 - Text4Baby - sign-up for text messages

Children's Growth Foundation

Children's Growth Foundation, Inc.

Women and Children's Hospital of Buffalo

- 219 Bryant Street, Buffalo, NY 14222
(716) 878-7815
<http://www.childsgrowth.org>
 - Promotes comprehensive care for children with endocrine/growth issues
 - Provides an educational/vocational counselor

Community Action Organization of Western New York, Inc.

- 70 Harvard Place, Buffalo, NY 14209
(716) 881-5150
<http://www.caoec.org>
 - Programs and services to support emotional and financial well being
 - Neighborhood, child and family, housing, drug program and services
 - Head Start/Early Head Start educational program

Crisis Services - 24 Hour Hotline

- **(716) 834-3131**
(716) 834-1144 - Kids Helpline
<http://crisisservices.org>
 - Speak to counselors about mental health, suicide, domestic and family violence, rape, elder abuse, homelessness
 - Immediate confidential service for adults, children and parents

Early Childhood Direction Center

Women and Children's Hospital

- 219 Bryant Street, Buffalo, NY 14222
(716) 880-3875
1-800-462-7653
<http://www.wchob.org/ecdc>
Email: ECDC@kaleidahealth.org
 - A free program to help professionals and families of children with suspected or diagnosed delays or disabilities, birth to five
 - Provides services in the counties of Erie, Niagara, Cattaraugus, Chautauqua, Allegany and Orleans

EPIC - Every Person Influences Children

- 1000 Main Street, Buffalo, NY 14202
(716) 332-4100
1-888-819-EPIC
<http://www.epicforchildren.org>
 - Programs and workshops for parents; including teenage parents
 - Character education program for families and schools
 - Child reading program from parents

Family Help Center

- 60 Dingens Street, Buffalo, NY 14206
(716) 822-0919
(716) 892-2172 - Family Helpline (24 hours, 7 days a week)
<http://www.joanamale.org>
 - Family crisis intervention and support services for Erie County
 - Receive immediate help with an application
 - Daycare facility

HealthConnection - Catholic Health

- **(716) 706-2112**
<http://www.chsbuffalo.org/Services/HealthConnection>
 - Find a doctor
 - Health education programs to keep you healthy
 - Community health screenings

Living Healthy - Regional Chronic Disease Self-Management Program Initiative

American Red Cross and P² Collaborative of WNY, Inc.

- **(716) 878-2351**
Email: Melanie.Keem@redcross.org
 - Program offers workshops for adults with chronic health conditions such as diabetes, heart disease, hypertension, and arthritis
 - Family members, friends, and caregivers can also participate
 - Program provides information and teaches practical skills

New York State Growing Up Healthy Hotline

- **1-800-522-5006**
1-800-655-1789 (TTY)
 - Provides confidential information about health care, nutrition and other health and human services
 - Available 24 hours/day, 7 days a week in English, Spanish and other languages

New York State Smokers Quitline

Roswell Park Cancer Institute

- Elm & Carlton Street, Buffalo NY 14263
1-866-697-8487 (1-866-NY-QUITS)
Email: quitsite@roswellpark.org
www.nysmokefree.com
 - Free and confidential stop smoking service
 - Telephone coaching in English and Spanish
 - Starter kit of FREE nicotine replacement medications for eligible smokers

Parent Network of WNY

- 1000 Main Street, Buffalo, NY 14202
(716) 332-4170
<http://www.parentnetworkwny.org>
 - Serves families of all ages and all disabilities (physical, cognitive, behavioral, and emotional)
 - Workshops and seminars
 - One-on-one support



Spirit of Women - Kaleida Health

- **(716) 859-5600**
<http://www.kaleidahealth.org/spirit/>
 - National health and wellness program with free lifetime membership
 - Educational seminars and community events on a variety of topics
 - Special discounts to area businesses

Wellness Institute of Greater Buffalo and Western New York

- 65 Niagara Square, Room 607, Buffalo, NY 14202
(716) 851-4052
<http://www.healthycommunitynetwork.com>
Email: wellness@city-buffalo.org
 - Community health and wellness promotion and advocacy
 - Personal wellness consulting

Women, Infants, and Children - WIC

- **<http://www.ccwny.org/>**
 - Provides free healthy foods
 - Nutrition, breastfeeding, and education/support for eligible pregnant women, breastfeeding women, and infants and children under 5 years old.
 - Services available to non-US citizens.
 - WIC Program Office - Eagle Street
211 E. Eagle Street, Buffalo, NY 14202
(716) 332-3304
 - WIC Program Office - Sister's Hospital
Seton Professional Building, 2121 Main Street, Buffalo NY 14214
(716) 332-2354
 - WIC Program Office - St. Simon's
200 Cazenovia Street, Buffalo, NY 14210
(716) 825-6898
 - WIC Program Office - Northwest Community Center
155 Lawn Avenue, Room 306, Buffalo, NY 14207
(716) 332-3024
 - WIC Program Office - Genesee Street
930 Genesee Street, Buffalo, NY 14211
(716) 597-0509
 - WIC Program Office - Salvation Army
187 Grant Street, Buffalo, NY 14213
(716) 332-3024



➤ **Online Health Information**

➤ **National Online Resources**

DailyMed

- **<http://dailymed.nlm.nih.gov>**
 - Provides high quality information about marketed drugs
 - Includes FDA labels or package inserts

HealthCare.gov

- **<http://www.healthcare.gov>**
 - Explore the new health care law
 - Learn about health insurance options
 - Prevention, wellness and comparing

healthfinder.gov

- **<http://www.healthfinder.gov>**
 - Get health information based on your age, sex and pregnancy status
 - Finds services near you

Healthy Roads Media

- **<http://www.healthyroadsmedia.org>**
 - A source of quality health information in many languages and multiple formats

MedlinePlus

- **<http://www.medlineplus.gov>**
 - Provides reliable, up-to-date health information about diseases, conditions, and wellness issues
 - Information available in Spanish and English, and other languages
 - Includes directories, a medical encyclopedia and a medical dictionary
 - Information on drugs, medication and herbal supplements

MedlinePlus Guide to Healthy Web Surfing

- <http://www.nlm.nih.gov/medlineplus/healthywebsurfing.html>
 - Tips and guidelines for online health information searches, including how to evaluate the quality of your sources

NIH MedlinePlus Magazine

- <http://www.nlm.nih.gov/medlineplus/magazine/>
 - Free magazine available online and in print by mail
 - Easy-to-read, relevant, up-to-date articles about medical research
 - People talking about health challenges they have faced
 - Includes graphics, quizzes, and practical tips

NIH SeniorHealth

- <http://nihseniorhealth.gov>
 - Basic health and wellness information for older adults
 - Easy to use and has changeable text size, text color
 - The text can be read aloud

PubMed

- <http://www.pubmed.gov>
 - Online database containing citation information from biomedical literature
 - Find scholarly articles about medical conditions
 - Includes free online books and where available links to full-text content



➤ Local Online Resources

311 Call and Resolution Center - City of Buffalo

- <http://www.city-buffalo.com/311>
Call 311 or (716) 851-4890
Email: 311@city-buffalo.com
 - Register complaints, get information, and access non-emergency police services
 - Available online 24 hours a day / 7 days a week

Buffalo Healthy Living Magazine

- <http://www.buffalohealthyliving.com>
 - Local and national health and wellness information

Buffalo Prenatal - Perinatal Network

Online Directory of Health and Human Services for Child Bearing Women and Their Children

- <http://directory.bppn.org>
 - Provides contact information and service listings for organizations and agencies providing services for women and children
 - Searchable by zip code, City, keyword, and by service type

Cancerconnect - Roswell Park Cancer Institute (RPCI)

- <http://cancerconnect.com/roswellpark>
 - Receive and share information regarding cancer diagnosis
 - Connect with cancer survivors, caregivers and advocates
 - Receive information from RPCI staff and physicians

Erie County Department of Health Quick Reference Guide

- <http://www2.erie.gov/health/sites/www2.erie.gov.health/files/uploads/pdfs/QuickReferenceGuide.pdf>
 - Provides contact information for different services available from the Erie County Department of Health.
 - Additional information can be found on the main website:
<http://www.erie.gov/health/>

Erie County Discount Prescription Program

- **Toll free: 1-877-776-2285**
http://www.proactrx.com/card_erie.php
 - Save on prescription drugs not covered by insurance

Getting Back On Track: A Guide to Community Services

- United Way of Buffalo & Erie County
(716) 887-2626
<http://www.uwbec.org/documents/miscfiles/Getting%20Back%20On%20Track.pdf>
 - Offers helpful tips and useful information to help you find the right community resource

Maternal and Child Health: Getting You and Your Baby Off to a Great Start

- United Way of Buffalo & Erie County
(716) 887-2626
<http://www.uwbec.org/documents/2012%20materials/maternal%20child%20health%20guide.pdf>
 - Information about your pregnancy and how care for yourself and baby

My Health Counts!

- <http://www.thinkbright.org/myhealthcounts/>
 - Learn more about what you can do to improve the daily health choices you make
 - Watch or read personal health stories about health and health care

myHealthFinder

- <http://www.myhealthfinder.com>
 - Source of hospital and physician ratings
 - Learn how to navigate the health care system
 - Available in English and Spanish

New York State Physician Profile Website

- <http://www.nydoctorprofile.com>
 - Provides information about New York State doctors who are registered to practice
 - Learn about a doctor's medical education, legal action taken against the doctor, health plans the doctor works with and more
 - Search by doctor name, or use the advanced search to search by field of medicine, hospital, or location



Western New York 2-1-1

- <http://www.211wny.org>
Call 211 or 1-888-696-9211
 - Free service allows you to call and learn about local community organizations and government agencies providing health services
 - Available by telephone to Western New York residents 24 hours a day / 7 days a week
 - Listings of services are also available online and can be searched by county, category, keyword, and by program/agency

➤ **Computer - Library Locations**

The following is a list of libraries where you can:

- Get help finding information
- Use computers and electronic resources
- Use laptops in the library where available
- Use and maybe take home books, journals and multimedia (CDs, DVDs, audio books, etc.).
- Pay to make photocopies (where available)

Buffalo and Erie County Public Library (B&ECPL)

- **<http://www.buffalolib.org>**
 - Free wireless Internet access is available at all B&ECPL locations
 - All library computers now have access to USB ports
 - Use of public computers requires a library card, printing is 10 cents per page, 20 cents for color printing when available, unless cost is otherwise indicated.
 - Photocopies costs 15 cents per page, 50 cents for color printing when available, unless cost is otherwise indicated.
 - Visit the web site for research databases and subject guides on health and medicine.

Select B&ECPL Locations

- Central Library
1 Lafayette Square, Buffalo, NY 14203-1887
(716) 858-8900
 - Public access computers are available
 - Printing is 20 cents per page
- Crane Branch Library
633 Elmwood Avenue, Buffalo, NY 14222
(716) 883-6651
 - 22 computers
- Dudley Branch Library
2010 South Park Avenue, Buffalo, NY 14220
(716) 823-1854
 - 22 computers
 - Public fax machine
- East Clinton Branch Library
1929 Clinton Street, Buffalo, NY 14206
(716) 823-5626
 - 10 computers

- East Delavan Branch Library
1187 E. Delavan Avenue, Buffalo, NY 14215
(716) 896-4433
 - 35 public access computers including a
 - Computer lab with 12 computers
 - Color printing available

- Frank E. Merriweather, Jr. Library
1324 Jefferson Avenue, Buffalo, NY 14208
(716) 883-4418
 - 47 computers

- Lackawanna Public Library
560 Ridge Rd., Lackawanna, NY 14218
(716) 823-0630
 - 16 computers

- Niagara Branch Library
280 Porter Avenue, Buffalo, NY 14201
(716) 882-1537
 - 18 computers

- North Park Branch Library
975 Hertel Avenue, Buffalo, NY 14216
(716) 875-3748
 - 15 seat computer lab
 - 4 internet express computers

University at Buffalo Health Sciences Library

- <http://library.buffalo.edu/hsl/>
University at Buffalo South Campus
Abbott Hall, Buffalo, NY 14214
(716) 829-3900
(716) 829-5683 - Information Help
Email: askhsl@buffalo.edu
 - Three public access computers provide access to the internet and the UB subscription databases
 - Use requires a Library Access Card that is available at the circulation desk for those over 18 with photo ID

➤ Hospital Libraries

Catholic Health

- Online Health Library: <http://www.chsbuffalo.org/library?7chsbuffalo/chs/lib3.shtml>
- Library Catalog: <http://cois.sirsi.net>
 - Kenmore Mercy Hospital Library
Kenmore, NY 14217
(716) 447-6114
 - Please call first to ensure librarian availability
 - Mercy Hospital Health Sciences Library
565 Abbott Road, Buffalo, NY 14220
(716) 828-2160
 - Please call first to ensure librarian availability
 - Sisters of Charity Hospital Medical Library
2157 Main Street, Buffalo, NY 14214
(716) 862-1256
 - Please call first to ensure librarian availability

Kaleida Health

- <http://library.kaleidahealth.org>
- Library Catalog: <http://oncall.buffalo.edu>
 - Kaleida Health Libraries provide services to patients, families, visitors, and volunteers including *Consumer Health Service* (information for the general public on disease and wellness).
 - Aaron Health Sciences Library
4th Floor, Building D, Buffalo General Medical Center (BGMC)
100 High Street, Buffalo, NY 14203
(716) 859-2878
 - Please call first to ensure librarian availability.
 - Emily Foster Health Sciences Library
1st Floor, Women & Children's Hospital of Buffalo
219 Bryant Street, Buffalo, NY 14222
(716) 878-7304
 - Please call first to ensure librarian availability.
 - Suburban Health Sciences Library
Ground Floor (rear of building), Millard Fillmore Hospital Suburban
1540 Maple Road, Amherst, NY 14221
(716) 568-6540
 - Wellness Center Library
Gates Vascular Institute, 2nd Floor Link adjacent to BGMC

Roswell Park Cancer Institute

- Community Cancer Resource Center
1st Floor in the Sunflower Café, Conference Room A
Elm & Carlton Streets, Buffalo, New York 14263
(716) 845-8659
Toll free 1-877-275-7724 (1-877-ASK-RPCI) to speak to a cancer information specialist; available in English and other languages.
E-mail: askrpci@roswellpark.org

➤ **HIPAA - Health Information Privacy**

The Health Insurance Portability and Accountability Act of 1996 (HIPAA)

- <http://www.hhs.gov/ocr/privacy/>
 - Consists of a Privacy Rule and a Security Rule which work together to ensure that your medical information is protected.
 - HIPAA determines what medical information is protected and requires that safeguards be in place to protect health information, and limits access to that information.
 - Health plans, most health care providers, and other covered entities are required to follow HIPAA regulations regarding personal medical information. Not all organizations that have health information are required to follow these laws, including employers, many schools, life insurers, and others.
 - HIPAA also gives patients' rights including the right to access their medical information, have corrections made, receive notice of how information may be used and shared, and make a complaint if they feel that their rights have been violated.
 - These rules also require safeguards to ensure the confidentiality, integrity, and availability of electronic protected health information.
 - Additional information can be found at the website *Your Health Information Privacy Rights*:
 - http://www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/consumer_rights.pdf

➤ **Electronic Health Records**

- An electronic health record (EHR) is a collection of your medical history, including physician notes and other information in digital or electronic format.
- Provides quick access to the information needed for your care and treatment.
- Reduces the need for duplication of tests and procedures.
- Provides quick access to medical and medication information during an emergency.

HEALTHeLINK™

- **www.wnyhealthelink.com**

2568 Walden Ave, Suite 107, Buffalo, NY 14224

(716) 206-0993 x3111

(716) 206-0039 - Patient Consent Fax Line

- HEALTHeLINK is a not-for-profit organization collaborating with physician, hospital, and insurance organizations in Buffalo and Western New York to provide access to electronic health records (EHRs).
- HEALTHeLINK supports and is working toward the vision of creating community-based virtual medical records and other clinical applications.
- At your doctor's office you may be asked to fill out a HEALTHeLINK consent form or you can fill out the form on the HEALTHeLINK website.
- By participating in HEALTHeLINK your medical information will be available to the health professionals responsible for your care in an electronic form.



➤ **Health Information Lines from the National Institutes of Health**

For information on...	Call... (* = toll free)
AIDS/HIV Treatment, Prevention and Research	1-800-HIV-0440*
Aging	1-800-222-2225* 1-800-222-4225* (TTY)
Alcohol Abuse and Alcoholism	1-301-443-3860
Allergy and Infectious Diseases	1-866-284-4107*
Alzheimer's Disease	1-800-438-4380* 1-800-222-4225* (TTY)
Arthritis and Musculoskeletal and Skin Diseases	1-877-226-4267* 1-877-22-NIAMS* 1-301-495-4484 1-301-565-2966 (TTY)
Back to Sleep: Sudden Infant Death Syndrome (SIDS)	1-800-505-2742* 1-800-505-CRIB*
Basic Research on Cells, Proteins, and Genes	1-301-496-7301
Bladder Control for Women	1-800-891-5388*
Bowel Control - Let's Talk About Bowel Control	1-800-891-5389*
Cancer	1-800-422-6237* 1-800-4-CANCER*
Celiac Disease Awareness Campaign	1-800-891-5389*
Child Health and Human Development	
Bilingual staff available for information in English and Spanish	1-800-370-2943* 1-888-320-6942* (TTY)
Clinical Center Patient Recruitment	1-800-411-1222* 1-866-411-1010* (TTY)
Clinical Research Volunteer Program	1-301-496-4763

Complementary and Alternative Medicine

Bilingual staff available for information in English and Spanish 1-888-644-6226*
1-866-464-3615* (Voice/TTY)

Deafness and Other Communication Disorders 1-800-241-1044*
1-800-241-1055* (TTD/TTY)

Diabetes

National Diabetes Education Program 1-800-860-8747*
1-888-693-NDEP*

Digestive Diseases

Endocrine and Metabolic Disorders 1-800-891-5389*
1-888-828-0904*

Drug Abuse and Addiction

NIDA DrugPubs 1-301-443-1124
1-877-643-2644*
1-240-645-0228 (TDD)

Environmental Causes of Disease..... 1-919-541-3345

Eye Diseases 1-301-496-5248

NIH News (general health reports from NIH Radio) 1-301-276-3384

Genetic and Rare Diseases 1-888-205-2311*

Global Health..... 1-301-496-2075

Neurological Disorders 1-800-352-9424*
1-301-468-5981 (TTY)

Nursing Research 1-301-496-0207

Oral Health..... 1-301-402-7364*
1-866-232-4528*

Osteoporosis and Related Bone Diseases..... 1-800-624-2663*
1-800-624-BONE*
1-202-223-0344
1-202-466-4315 (TTY)

Ovulation Research..... 1-888-644-8891*

Schizophrenia Research 1-888-674-6464*

Smoking Cessation - NCI's Smoking Quitline	1-877-448-7848* 1-877-44U-QUIT*
Stroke	1-800-352-9424* 1-301-468-5981 (TTY)
WE CAN (Ways to Enhance Children's Activity and Nutrition)	1-866-359-3226 1-866-35-WE-CAN*
Weight Control	1-877-946-4627*
Women's Health	1-301-496-8176
Women's Health, Office of Research on National Women's Health Information	1-301-402-1770 1-800-994-9662* 1-888-220-5446 (TTD)

Telephone number updates are available here: <http://www.nih.gov/health/infoline.htm>.